

## 2013 Section 1A Subsection 3 - Lewiston-Altura - 5/22/2013

Teams: Plainview-Elgin-Millville 181, Rochester Lourdes 181, Lake City 90, Wabasha-Kellogg 57, Lewiston-Altura 41, Schaeffer Academy 2

### 100 Meter Dash

- 1 Alex Slawson 11 Plainview-Elgin- 11.78
- 2 Zachary Ziebell 11 Plainview-Elgin- 11.90
- 3 Elijah Kroll 11 Lake City 11.97
- 4 Calvin Kim 11 Rochester Lourde 12.02
- 5 Tristan Creeley 11 Lake City 12.32
- 6 Michael Brooks-Harris 11 Lake City 12.36

### 200 Meter Dash

- 1 Kane Carstens 11 Rochester Lourde 23.55
- 2 Zachary Ziebell 11 Plainview-Elgin- 24.14
- 3 Andre Stewart 11 Rochester Lourde 24.16
- 4 Tanner Jensen 12 Lewiston-Altura 24.37
- 5 Cody Hansen 12 Lake City 24.37
- 6 Jimmy Elit 10 Plainview-Elgin- 24.59

### 400 Meter Dash

- 1 McKay Carstens 11 Rochester Lourde 52.38
- 2 Nate Evers 12 Plainview-Elgin- 53.84
- 3 Nelson Finne 10 Plainview-Elgin- 55.39
- 4 Nick Steinmetz 10 Rochester Lourde 55.74
- 5 Ben Hager 11 Wabasha-Kellogg 56.95
- 6 Colt Smith 11 Lewiston-Altura 58.06

### 800 Meter Run

- 1 Dakota Streit 10 Rochester Lourde 2:08.02
- 2 Sam Jewson 11 Wabasha-Kellogg 2:08.19
- 3 Montana Streit 8 Rochester Lourde 2:13.13
- 4 Thomas Zimmerman 10 Plainview-Elg 2:14.74
- 5 Jordan Meyer 11 Wabasha-Kellogg 2:15.15
- 6 Adam Hannan 10 Rochester Lourde 2:15.62

### 1600 Meter Run

- 1 Ian Torchia 11 Rochester Lourde 4:36.73
- 2 Dakota Streit 10 Rochester Lourde 4:48.47
- 3 Carston Dammann 12 Lake City 4:51.93
- 4 Pat Reinschmidt 12 Plainview-Elgin- 4:58.59
- 5 Antonio Judson-Red Elk 8 Schaeffer Ac 5:06.40
- 6 Dillon Clark 11 Plainview-Elgin- 5:08.90

### 3200 Meter Run

- 1 Ian Torchia 11 Rochester Lourde 10:13.56
- 2 Pat Reinschmidt 12 Plainview-Elgin- 10:30.09
- 3 Carston Dammann 12 Lake City 10:35.99
- 4 Peter Huber 10 Plainview-Elgin- 10:36.32
- 5 Carl Kozlowski 8 Lake City 10:42.85
- 6 Aaron Timm 12 Plainview-Elgin- 11:10.46

### 110 Meter Hurdles

- 1 Zach Hebl 11 Rochester Lourde 16.82
- 2 Frank Cerar 10 Plainview-Elgin- 18.59
- 3 Joseph Murray 11 Rochester Lourde 18.62
- 4 Nate Thieke Clough 10 Plainview-Elgin- 18.83
- 5 Javon Kunkel 9 Rochester Lourde 19.26
- 6 Colten Kruempel 12 Lake City 20.23

### 300 Meter Hurdles

- 1 Frank Cerar 10 Plainview-Elgin- 43.88
- 2 Zach Hebl 11 Rochester Lourde 44.00
- 3 Riley Mickow 10 Plainview-Elgin- 44.37
- 4 James Randle 12 Rochester Lourde 45.56
- 5 Daniel Hoepfner 12 Wabasha-Kellogg 46.74
- 6 Sheldon Knutson 12 Lewiston-Altura 47.88

### 4x100 Meter Relay

- 1 Plainview-Elgin-Millville 46.06
  - 1) Andrew Speedling 8
  - 2) Bryce Heim 10
  - 3) Alex Slawson 11
  - 4) Nate Thieke Clough 10
- 2 Rochester Lourdes 46.08
- 3 Lake City 46.44
- 4 Wabasha-Kellogg 50.45
- Lewiston-Altura DQ

### 4x200 Meter Relay

- 1 Plainview-Elgin-Millville 1:34.64
  - 1) Jimmy Elit 10
  - 2) Zachary Ziebell 11
  - 3) Alex Slawson 11
  - 4) Nate Evers 12
- 2 Rochester Lourdes 1:34.88
- 3 Lake City 1:39.46
- 4 Lewiston-Altura 1:40.08
- 5 Wabasha-Kellogg 2:07.14

### 4x400 Meter Relay

- 1 Rochester Lourdes 3:37.35
  - 1) Alex Glynn 12
  - 2) Kyle Besch 12
  - 3) Kane Carstens 11
  - 4) McKay Carstens 11
- 2 Plainview-Elgin-Millville 3:45.41
- 3 Lewiston-Altura 3:49.51
- 4 Lake City 3:51.05
- 5 Wabasha-Kellogg 3:55.46
- 6 Schaeffer Academy 4:21.77

### 4x800 Meter Relay

- 1 Wabasha-Kellogg 9:00.28
  - 1) Sam Jewson 11
  - 2) Jordan Meyer 11
  - 3) David Shapiro 12
  - 4) Josiah McMillin 12
- 2 Plainview-Elgin-Millville 9:02.81
- 3 Rochester Lourdes 9:03.56
- 4 Lake City 9:05.90
- 5 Lewiston-Altura 9:54.06

### High Jump

- 1 Tanner Jensen 12 Lewiston-Altura 5-08
- 2 Tim Dale 11 Wabasha-Kellogg 5-06
- 3 Montana Streit 8 Rochester Lourde 5-04
- 4 Riley Mickow 10 Plainview-Elgin- 5-02
- 4 Taylor Flaherty 10 Plainview-Elgin- 5-02
- 6 Hunter Moe 12 Lewiston-Altura 5-02

### Pole Vault

- 1 Joseph Murray 11 Rochester Lourde 12-10
- 2 Frank Cerar 10 Plainview-Elgin- 12-04
- 3 Shane Siewert 10 Lake City 11-10
- 4 Johnny Lawson 11 Rochester Lourde 11-10
- 5 Jimmy Elit 10 Plainview-Elgin- 10-10
- 6 Skylar Butts 11 Wabasha-Kellogg 10-10

### Long Jump

- 1 Alex Slawson 11 Plainview-Elgin- 20-11.25
- 2 Michael Brooks-Harris 11 Lake City 19-05.00
- 3 Jordan Treder 12 Rochester Lourde 18-09.50
- 4 Dalton Fox 10 Plainview-Elgin- 18-03.50
- 5 Tim Dale 11 Wabasha-Kellogg 18-00.50
- 6 Taylor Flaherty 10 Plainview-Elgin- 17-06.25

### Triple Jump

- 1 Nate Evers 12 Plainview-Elgin- 40-02.25
- 2 Dalton Fox 10 Plainview-Elgin- 38-11.00
- 3 James Randle 12 Rochester Lourde 38-06.50
- 4 Austin O'Flaherty 9 Lake City 36-11.00
- 5 Andrew Winkles 12 Rochester Lourde 36-01.00

### Shot Put

- 1 Evan Bain 12 Lewiston-Altura 48-00
- 2 Josh Langmade 12 Wabasha-Kellogg 43-05
- 3 Colten Kruempel 12 Lake City 43-01
- 4 Landon Clark 12 Plainview-Elgin- 41-09
- 5 Khoa Nguyen 12 Rochester Lourde 39-06
- 6 AJ Hines 9 Lewiston-Altura 39-03

### Discus Throw

- 1 Colten Kruempel 12 Lake City 147-07
- 2 Travis Ryan 12 Lake City 137-05
- 3 Josh Langmade 12 Wabasha-Kellogg 124-05
- 4 Khoa Nguyen 12 Rochester Lourde 111-01
- 5 Nick Keller 12 Lake City 106-08
- 6 Landon Clark 12 Plainview-Elgin- 98-05